Your response is required prior to your arrival.

Welcome to UMBC! University Health Services (UHS) provides a broad range of ambulatory, primary care, health promotion and disease prevention services to students, faculty and staff.

As you prepare for your arrival at UMBC, there are up to three health-related requirements that you must complete before you arrive on campus. Each item is listed below. Additionally, please verify and plan to bring to campus your health insurance documentation (i.e. ID card) on your arrival date. You should be sure to carry this information on you at all times. Please contact UHS should you have questions.

1. **All New Students (Freshmen, Transfer, & Graduate Students):** If you have not already done so, please submit your Mandatory Health and Immunization Form, including the TB questionnaire no later than January 15, 2016. *(You received this form in your admissions packet. A duplicate is included in this letter for your convenience. You need to take no further action on this step if you have already submitted this form to UHS.)*

2. **All New Students (Freshmen, Transfer, & Graduate Students):** Complete the required online program called **HAVEN** between **January 14, 2015** and **February 20, 2016**.

3. **All New Undergraduate Students (Freshmen & Transfer Students):**
   **HEALTH INSURANCE WAIVER**
   All new undergraduate students taking 6 or more credits must supply their health insurance information on the University Health Services (UHS) website link (www.umbc.edu/uhs), by February 28, 2016. **Students who do not complete the waiver to show proof of health insurance by this deadline will be automatically enrolled and billed $1.092.00 for the Student Health Insurance Plan offered by University Health Services/Aetna Student Health.** For step by step instructions, please see additional form included. For additional information about the insurance requirement, please contact
the insurance and billing department of University Health Services at 410-455-2542.

If you have questions regarding the requirements, recommendations or deadlines, please call 410-455-2542 or view our website at www.umbc.edu/uhs. Best wishes for a healthy and satisfying experience at UMBC.

Jennifer K. Lepus, M.A.          Nancy D. Young, Ph.D.
Director, University Health Services  Vice President, Student Affairs
1. All New Students (Freshmen, Transfer, & Graduate Students): Complete and submit
Your Mandatory Health and Immunization Form

The enclosed Mandatory Health Form needs to be completed by you, **signed by your medical provider**, and returned to University Health Services by **January 15, 2016**. A physical exam is **not** required unless you will participate in an intercollegiate sport. Please clearly complete all necessary information, with full dates, providers’ signatures or stamps, and **return to UHS in the enclosed envelope**. In order to comply with state law and for the health and safety of our campus community, failure to submit your forms, incomplete information or unreadable information will keep you from registering in classes or moving into campus housing. Child vaccination records and proof of vaccination may be attached to these forms as long as records contain provider signature and/or stamp.

In order to complete your form, you will need to provide information verifying compliance with University vaccination and testing requirements. Required and recommended vaccinations are listed below.

**Meningococcal Vaccine or Waiver (Required for resident students, recommended for all students):** Maryland law requires that all graduate and undergraduate students enrolled living in on-campus residence halls and apartments receive a meningococcal vaccine or submit a waiver prior to move-in. resident students must submit this information to UHS as part of their Mandatory Health and Immunization Form. If you are a resident student, you will not be able to check-in and get your room key until you have completed this requirement. To insure a smooth move-in, please submit your health forms no later than January 16, 2015. While Maryland law does not require all students to be vaccinated against Meningitis, the American College Health Association recommends that all college students receive the meningococcal vaccine regardless of whether they live on or off campus.

**MMR Vaccine:** All students are required to document evidence of vaccinations for measles, mumps, and rubella (MMR). The MMR vaccine must have been given to you after your first birthday and a second vaccine must have been given to you after 1980. (You are exempt from this requirement if born before 1956.)

**Tuberculosis Test (International Students Only):** All international students are required to have a test for Tuberculosis administered and read in the United States within the last 6 months. The blood tests (T-spot or Quantiferon) are the acceptable tests for TB.

**Recommended Vaccinations:** In addition to the required vaccinations listed above, UHS staff strongly encourage you to consider the following vaccination recommendations:

- **Hepatitis B**: strongly recommended for college students by the American College Health Association, the Centers for Disease Control, and the National Collegiate Athletic Association.
- **Gardasil**: the new vaccine that provides immunity for HPV, is recommended for people ages 9 – 26.
- **Tdap**: (tetanus, diphtheria, and pertussis/whooping cough) booster immunization if the last dose of Td was received more than 10 years ago.

2. All New Students (Freshmen, Transfer, & Graduate Students): HAVEN: On-Line Course for Sexual Assault Prevention - Like campus drinking, sexual assault is a critical issue that affects an entire college campus. To address this issue, UMBC has instituted that all new students must view Haven, an on-line sexual assault prevention course. Haven relies on proven prevention theories and educational strategies to help students understand the many aspects of
the sexual assault issue. The program's primary focus is to educate students about relationships and decision-making, including: ethics of relationships, alcohol's effect on relationships, the ability to give consent, important definitions and debunking myths associated with sexual assault.

You must access and complete the course through your UMBC email account or MyUMBC between January 14, 2016 and February 28, 2016.

3. All New Undergraduate Students (Freshmen & Transfer Students): All new undergraduate students taking 6 or more credits must supply their health insurance information on the University Health Services (UHS) website link (www.umbc.edu/uhs), by February 28, 2016. Students who do not complete the waiver to show proof of health insurance by this deadline will be automatically enrolled and billed $1,092.00 for the Student Health Insurance Plan offered by University Health Services/Aetna Student Health. For additional information about the insurance requirement, please contact the insurance and billing department of University Health Services at 410.455.2542.

5. Additional Information for All New Students and Parents:
UHS charges normal and customary fees, fees used by many doctors’ offices in a similar area, for services. UHS is a participating provider with most major insurance carriers. If your insurance records are on file, UHS will submit medical claims to your insurance carrier. Your co-pay, unpaid balances or denied claims will be billed to your university account or can be paid by your campus card. While we accept most insurances, you should check with your insurance carrier before arriving on campus to understand how your insurance company will handle billing from University Health Services.

All new undergraduate students taking 6 or more credits must supply their health insurance information on the University Health Services (UHS) website link (www.umbc.edu/uhs), by February 28, 2016. Students who do not complete the on-line waiver to show proof of health insurance by this deadline will be automatically enrolled and billed $1,092.00 for the Student Health Insurance Plan offered by University Health Services/Aetna Student Health. Students and parents should know that health insurance companies providing coverage to students through family plans can provide health care coverage through the age of 26. Please check with your insurance company regarding any laws related to coverage and documentation or requirements on the part of the family or student to ensure coverage is maintained. For additional information about the insurance requirement, please contact the insurance and billing department of University Health Services at 410.455.2542

Parents, please note that if your child is 18 or older, due to The Health Insurance Portability and Accountability Act of 1996 (HIPAA) Privacy Rule, we cannot release any patient medical information to anyone other than the patient, except when written permission is granted by the patient, for specific incidents only. If you’d like more information about HIPAA, please go to the HIPAA website, http://www.hhs.gov/ocr/privacy/index.html.
MANDATORY UMBC HEALTH FORM

Please complete this form and send to UHS by US mail or fax

In an effort to maintain a healthy campus environment, all UMBC students are REQUIRED to complete this document and return it to University Health Services (UHS) at least 4 weeks before classes begin. Students who do not meet this requirement will be blocked from subsequent class registration until this form is completed and returned to UHS. Residential students will not be able to move into University Housing until this form is completed and returned to UHS. Documentation must include specific dates of immunizations (month, day, year) of immunizations and screening tests.

A health care provider’s signature/stamp is required in Section C.

If you have questions about these requirements or need assistance, please call UHS.

<table>
<thead>
<tr>
<th>Section A. STUDENT INFORMATION (please type or print)</th>
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<tbody>
<tr>
<td>Name ________________________ Date of Birth __________________________</td>
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<tr>
<td>Student ID # __________________________</td>
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<tr>
<td>Address _________________________ City _____________ State _____ Zip _____</td>
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<tr>
<td>Phone _____________ Email __________________________</td>
</tr>
<tr>
<td>Primary Health Care Provider ______________________ Phone # __________________________</td>
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<tr>
<td>Address ____________________________</td>
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CITIZENSHIP Status ☐ US Citizen ☐ Permanent Resident

| Visa Type ________________ |

Section B: DOCUMENTATION OF IMMUNIZATIONS AND TUBERCULOSIS SCREENING

- You may attach a copy of school immunization records to this form
- If you have been or are currently in the US military you may attach a copy of your ID card or your discharge papers.
- If a health problem prevents you from receiving immunizations please have your primary health care provider document this in Section C.
- Students born before 1957 are not required to provide proof of the Measles/Mumps/Rubella immunization.
- Blood titers proving Measles/Mumps/Rubella (MMR) immunity will meet UMBC MMR vaccination requirements if they have been done in the US within the last 12 months.

Information about these vaccines and administration of these vaccines are available at UHS. There are fees for TB screening and vaccine administration.

PLEASE FILL OUT INFORMATION BELOW:

REQUIRED FOR ALL STUDENTS:
Measles/Mumps/Rubella (MMR) (First vaccine MAY NOT be before 1 year of age)
#1 _____________ (Month/Day/Year) and #2 _____________ (Month/Day/Year)

REQUIRED FOR INTERNATIONAL STUDENTS ONLY:
These tests must be performed in the United States and within 6 months of entering UMBC.
Tuberculosis Test (T-spot or Quantiferon) _____________ (Month/Day/Year) Result _____________
(If needed) - Chest X-Ray _____________ (Month/Day/Year) Result _____________ (positive or negative)
- I have had the BCG vaccine (not required at UMBC) ______yes ______no
- I have had treatment for Tuberculosis ______yes ______no
REQUIRED FOR STUDENTS LIVING IN UNIVERSITY HOUSING ONLY:
Maryland law requires that every student living in UMBC housing to be immunized against meningococcal meningitis or sign a waiver stating that they understand the benefits of the vaccine and elect not to have it. Students who have not been vaccinated and have not signed a waiver will not be allowed to move into UMBC housing. Both the Maryland Department of Health and Mental Hygiene and the American College Health Association recommend meningitis vaccination of college students, especially those living in university housing. All residential students must complete the following information:

Students living in UMBC housing are REQUIRED to check one paragraph in the following box, then sign and date this section of the form. You will not receive your room key if you have not done so.

☐ I received the Meningococcal Meningitis Vaccine on _______________ (Month/Day/Year) and understand that there is still a chance that I will get meningococcal meningitis. I have read about the signs and symptoms of meningococcal meningitis and will seek immediate medical attention if I have any of these problems.

☐ I have read about and understand the benefits of receiving the meningitis vaccine and elect not to have the vaccine at this time. I have read about the signs and symptoms of meningococcal meningitis and will seek immediate medical attention if I have any of these problems.

Student Signature ___________________________ Date ________________________

ADDITIONAL RECOMMENDED VACCINES FOR ALL STUDENTS:
- Hepatitis B Vaccine – may be required for some programs. Please list dates:
  #1 ___________ #2 ___________ #3 ___________ (Month/Day/Year)
- Varicella (Chicken Pox) Vaccine – for students who have not had varicella (chicken pox) date ___________

Section C. REQUIRED FOR ALL STUDENTS - HEALTH CARE PROVIDER SIGNATURE
I have reviewed this health form and to the best of my knowledge, the information provided is correct.
Provider Printed Name ___________________________ Date ________________________
Provider Signature/Stamp ___________________________ Phone ________________________
Comments: _____________________________________

Section D. SPECIAL MEDICAL PROBLEMS
If you have a special medical problem or concern, please feel free to contact UHS and/or have your Health Care provider send us any records that you believe would be helpful for us to have on file.

Section E. HEALTH INSURANCE
All new undergraduate students taking 6 or more credits must supply their health insurance information on the University Health Services (UHS) website link (www.umbc.edu/uhs). Students who do not complete the waiver to show proof of health insurance by this deadline will be automatically enrolled and billed for the Student Health Insurance Plan offered by University Health Services/Aetna Student Health. For additional information about the insurance requirement, please contact the insurance and billing department of University Health Services at 410.455.2542.

HEALTH INSURANCE & INTERNATIONAL STUDENTS: Students who have F-1 or J-1 Visas are REQUIRED to have health insurance that meets US State Department requirements. For those F1 and J1 visa holders; your UMBC Student Account will be billed automatically for health insurance during the first month of classes. If you already have health insurance and it meets the minimum requirements, you can go to http://www.umbc.edu/uhs/insurance.html to follow guidelines to waive this fee. You must apply for waiver by October 1. You will not be granted a waiver after that time.

Section F. PARENT/LEGAL GUARDIAN Permission to Provide Treatment (for students less than 18 years old)
I give my permission for such diagnostic and therapeutic procedures as may be deemed necessary for my son/daughter and agree to present information concerning his/her medical condition to responsible University officials when deemed desirable. I understand that no major procedure will be performed, except in extreme emergency, without my being contacted and fully informed.

Printed Name ___________________________ Signature ___________________________
Relationship ___________________________ Date ___________________________

Student’s Signature ___________________________ Date ___________________________
IMPORTANT: INSTRUCTIONS FOR WAIVING OUT OF THE UMBC HEALTH INSURANCE PLAN

All new undergraduate students taking 6 or more credits must supply their health insurance information on the University Health Services (UHS) website link (www.umbc.edu/uhs), between January 4, 2015 and February 28, 2016. **Students who do not complete the waiver to show proof of health insurance by this deadline will be automatically enrolled and billed $1,092.00 for the Student Health Insurance Plan offered by University Health Services/Aetna Student Health.**

Starting on, **January 4, 2016** if you wish to request a waiver from purchasing the UMBC Aetna Student Health Insurance Plan for Spring/Summer of 2016, you must complete the on-line waiver page at Aetna Student Health web site at the following link: http://www.aetnastudenthealth.com/umbc

The waiver deadline is **February 28, 2016.**

No waivers will be accepted after February 28, resulting in a $1092 charge.

**Step 1:** Go to the Aetna Student Health web site at the above link.

**Step 2:** In the upper right hand corner you will find a box that says **Find Your School.** You will type in **UMBC** and choose the first drop down. This will bring you to the UMBC web page.

**Step 3:** On the left hand side of the web page you will see a link for: **Enroll/Waive: Student Health Insurance Plan.** Click on this link.

**Step 4:** This will bring you to a page called **Student Information**

Please use **Domestic** as the student type.

You then need to fill out the **Secure Login.** You will need to have your **UMBC Red ID card.** Please fill in the **Student ID #** with your UMBC ID. You will then fill in your date of birth and click on **Get Started.**

**Step 5:** You will see a link that says **Waive.** Click on this link and it will bring you to the **Waiver Policy** and there will be five questions to be answered about your health insurance benefits. After answering these questions there are fields to fill in your health insurance information (you will need your health insurance card). If your health insurance plan is not listed you will choose **Other.** This will allow you to type in your health insurance company.

**Step 6:** You then click on the **My submission of this form will be used as an electronic signature. This signature certifies that I am covered by the insurance plan described above. UMBC reserves the right to complete a review of all student waivers.**

This will complete the waiver process. The student will receive an email with a confirmation number for a pending waiver. Once the health insurance benefits are verified by Aetna Student Health the student will receive a final waiver. **If you so not receive a final waiver confirmation, please contact University Health Services at 410.455.2542.**
University Health Services at UMBC
Tuberculosis Screening Questionnaire

Name: ____________________________________  ____________________________________
   Last                                First

UMBC Student ID Number: ________________________________________________________

Please answer the following questions:

1. Were you born outside of the United States?    _______Yes    _______No
   If yes:
   a.) Please specify country where you were born: __________________________
       Dates lived there: _______________________ to _______________________
   b.) Are you currently:  ______US Citizen    ______Permanent Resident
       ______International Student

2. Was your mother born outside of the United States?    _______Yes    _______No
   If yes, please specify country where mother was born: _______________________

3. Was your father born outside of the United States?    _______Yes    _______No
   If yes, please specify country where father was born: _______________________

4. Have you traveled and/or lived outside of the United States?    _______Yes    _______No
   If yes:
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<th>Where (Specify Country)</th>
<th>When (Year)</th>
<th>Duration of Stay</th>
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5. Have you been exposed to anyone with active TB disease?    _______Yes    _______No

If you answered YES to any of the above questions, it is recommended that you have a test for tuberculosis performed. If you are an international student, it is required that you have a TB test performed in the U.S.A. within 6 months of entering UMBC. To schedule an appointment for this test at University Health Services, please call 410-455-2542.